



FOR IMMEDIATE RELEASE:

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Healing Center Offers Support Group – Grief & The Holidays

Learn how to cope with the approaching holidays and other special days after a death.

(Muskegon, Michigan) – A meaningful event to help you better manage holiday grief on Monday, November 12th at 6:00 PM at Scolnik Healing Center of Harbor Hospice in Muskegon. Another session will be offered in Hart at 10:30 AM.

A viewing of the DVD, “A Ray of Hope: Managing Holidays & Special Days” in which a variety of individuals and couples who have lost loved ones share what has helped them cope with holidays and other special days. Discussion following. Light refreshments will be served.

Register by calling 231.728.3442 / 1.800.497.9559 and ask for Grief Support Services.

Grief support is an important part of the services Harbor Hospice offers to its families and our community. Harbor Hospice provides a variety of supportive services for those who are grieving after the death of a loved one. Licensed professionals offer individual and group counseling to support families as they cope with their loss. Mailings and phone call are also available to educate and ease the adjustment to a new normal.

Services are free of charge and available to anyone in the community. Seeking help is a sign of strength; we are here to help when you need us.

More information about grief support programs and services of Scolnik Healing Center please visit HarborHospiceMI.org or call us today.

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