



FOR IMMEDIATE RELEASE

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Healing Center offers long-running camp for grieving children and teens. Applications being accepted for 26th Annual Camp Courage.

[2/19/2019 - Muskegon, MI] Harbor Hospice has been offering Camp Courage for 25 years as a way to help children and their families following the death of a loved one. The emotions of grief can be overwhelming and isolating for children who have not yet developed the verbal and emotional skills to navigate the grief process.

Children grieve differently than adults and need time to just “be kids” as well as time to honor and remember their loved one. Kids often feel alone in their grief and thrive when able to connect with others who understand their unique experience.

Harbor Hospice staff and trained volunteers create a safe, stable environment for children to explore and express their grief, remember their loved one, and connect with others who have experienced a death. Children participate in traditional camp activities such as swimming, hiking and campfires, along with grief-tailored activities that teach healthy coping skills.

This weekend overnight camping experience for children ages 6-12, and teens for junior counselor program, is held at Pioneer Trails on Big Blue Lake in Muskegon County. Camp Courage 2019 will be held Friday, June 21 through Sunday, June 23. *Application deadline is Friday, May 10.* The only cost is a \$10 registration fee per camper.

For more information or to register, contact Laura Ecker or Kari Allen at 231.728.3442 or 1.800.497.9559 or email info@HarborHospiceMI.org or visit our website at HarborHospiceMI.org.

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