



## FOR IMMEDIATE RELEASE

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### **Thank You, VIRTUAL RUN AND RIDE TO REMEMBER 5K and leisure bike ride held virtually to remember, and honor loved ones.**

*June 24, 2021, West Michigan* – The community in Muskegon County and beyond took to the streets and trails to run, jog, walk or bike - and support a great cause, May 22<sup>nd</sup> - 29<sup>th</sup>. To everyone who participated and shared in our Annual *Run and Ride to Remember*, THANK YOU!

Due to CDC and Michigan guidelines and regulations, we were not physically able to hold large gatherings for these events. Many participants still took part in the virtual formats enjoying some fresh air while practicing safe social distancing during the week.

Proceeds from the virtual 5k and bike ride events help sustain the Leila & Cyrus Poppen Hospice Residence, a program of Harbor Hospice. Located in Fruitport Township, the fourteen private patient room residence has been a welcoming home with compassionate and expert care for over 3,000 terminally ill patients since it opened in 2005.

Thanks to all our participants and donors, the staff and volunteers at the Poppen Residence will welcome patients into a home where every detail has been thoughtfully provided and no one is turned away regardless of ability to pay.

It is through the help and generosity of our community that we can continue providing compassionate and expert care to people who are terminally ill and in the final stages of life, when providing care at home is no longer the best option. The Poppen Hospice Residence exemplifies the unique vision of Harbor Hospice providing people with the opportunity to live out *their journey* – on *their terms* – with the help of *our expertise*.

"Although our event looked different this year, The Run and Ride to Remember continues to help sustain the Leila and Cyrus Poppen Hospice Residence. The event is successful because of the participants, Fruitport Lions Club, Fruitport Chiropractic, and X-Cell Integrated Health. Thank You!!," said Ammy Seymour, Director of Development for the Harbor Hospice Foundation.

5K, crowdfunding, and more details can be read by visiting [HarborHospiceMI.org/runrideremember](http://HarborHospiceMI.org/runrideremember). We look forward to holding in-person events for the annual 5K and bike ride in 2022! Save the date for Saturday, May 28!