



## **FOR IMMEDIATE RELEASE**

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### **Harbor Hospice's Scolnik Healing Center offers grief and loss support for navigating through the holidays.**

[October 19, 2021] These last two years coronavirus has taken over our personal and professional lives in ways we never imagined, and as a result, there are many who are grieving many types of losses including those related to COVID-19.

These losses will be difficult with the approaching holidays, winter months, and may encroach into the new year for many of our friends and family.

The Bob and Merle Scolnik Healing Center of Harbor Hospice will be offering their annual Grief and the Holidays group event on Tuesday, November 9<sup>th</sup> at 6:00 PM. The event will take place virtually. Join us for meaningful insights and ideas to help navigate holidays and other special days after a loved one has died. If you are experiencing the death of a loved one because of COVID19 or any type of loss, please register in advance for Grief and the Holidays group event. Pre-registration required online: <http://weblink.donorperfect.com/GriefandHolidays2021>

The Scolnik Healing Center began in 2012 as a means of providing grief support to our West Michigan community as well as our hospice families. Our grief counselors are specialists in grief and trained in trauma and adverse childhood experiences – both of which significantly influence grief reactions following a death or other significant loss.

All the services offered through the Scolnik Healing Center of Harbor Hospice are available to anyone in the community at no cost. This is possible through generous donors and special fundraisers held throughout the year.

Harbor Hospice and Palliative Care now offer Harbor Tele-Health services, which enable us to continue to meet with clients and facilitate grief groups online through HIPAA compliant platforms.

If you or a friend or family member would like to talk to a grief counselor, please call us at 231.728.3442/1.800.497.9559 or email [info@HarborHospiceMI.org](mailto:info@HarborHospiceMI.org)

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